

## Suggested Reading List: History and Spiritual Influences of AA

The Following is a list of suggested reading for anyone interested in the history of AA or the spiritual influences/origins of AA. Unless noted from AA World Services many of these books are NOT conference approved literature. They are however from reputable and credible sources and offer insight into the history and origins of AA or alcoholism. The books below are included if they met one of the following criteria:

1. AA History- having to do directly with the history of AA or pre AA history
2. Spiritual Influences of AA- Books read by early members as noted in AA literature, Oxford group literature or info as there is a direct linkage\*\*
3. Pertinent information directly regarding AA or Alcoholism- Commentary by members of AA and/or the subject of alcoholism

\*\*Note: AA is a non-religious movement and has no opinion on outside issues including religion, medicine and politics. The below listed are included as they are part of AA's spiritual influences and heritage as well as being part of AA history.

### TITLE

Anne Smiths Journal  
 Good Morning, Quiet Time, Morning Watch, Meditation  
 New Light on Alcoholism: The AA Legacy from Sam Shoemaker  
 That Amazing Grace: The Role of Clarence and Grace S. in AA  
 The Akron Genesis of Alcoholics Anonymous  
 The Books Early AA's Read for Spiritual Growth  
 The Good Book & The Big Book: AA's roots in the Bible  
 Turning Point: Spiritual Roots and Successes A History of Early AA's  
 The Oxford Group & Alcoholics Anonymous  
 Courage to Change  
 The Washingtonians and Alcoholics Anonymous  
 Reference Guide to Alcoholics Anonymous  
 Sister Ignacia: Angel of Alcoholics Anonymous  
 The Soul of Sponsorship: Friendship of Father Ed & Bill W.  
 Not God  
 Changed Lives: The Story of Alcoholics Anonymous  
 AA The Way it Began  
 Origins of Alcoholics Anonymous  
 Children of the Healer  
 For Drunks Only  
 The 7 Points of Alcoholics Anonymous  
 24 Hours A Day  
 Lois Remembers  
 Alcoholics Anonymous Comes of Age  
 Dr. Bob & the Good Oldtimers  
 Pass It On  
 Language of the Heart  
 New Wine  
 A New Pair of Glasses  
 How it Worked, The Story of Early AA in Cleveland  
 The Disease Concept of Alcoholism  
 The Steps We Took  
 Grateful to Have Been There  
 My Utmost for His Highest  
 How to Listen to God  
 Life Changers  
 Twice Born Men  
 The 8 Points of The Oxford Group  
 Remaking the World  
 On the Tail of a Comet: The Life of Frank Buchman  
 For Sinners Only  
 The God Who Speaks  
 Soul Surgery  
 The New Life  
 The Changed Life  
 The Greatest Thing in The World  
 The Ideal Life  
 The Varieties of Religious Experience  
 Five Musts  
 The 12 Steps of AA: What They can Mean To the Rest of Us  
 As a Man Thinketh  
 The Practice of the Presence of God  
 Alter Your Life  
 Sparks of Truth  
 The Sermon on The Mount  
 Modern Man in Search of a Soul  
 The Art of Living  
 Man, The Unknown  
 What Is the Oxford Group

### AUTHOR

Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B.  
 Dick B. & Bill Pitman  
 Charles Bishop  
 Stewart C.  
 Mary Darrah  
 Robert Fitzgerald  
 Ernest Kurtz  
 Dennis Morreim  
 Bill Pittman  
 John F. Seiberling  
 Bob Smith & Sue Windows  
 Richmond Walker  
 Richmond Walker  
 Richmond Walker  
 Lois Wilson  
 AA World Services  
 AA World Services  
 AA World Services  
 AA World Services  
 Mel B.  
 Chuck C.  
 Mitchell K.  
 EM Jellinek.  
 Joe Mc Q.  
 Nell Wing  
 Oswald Chambers  
 John Batterson  
 Harold Begbie  
 Harold Begbie  
 Clarence Benson  
 Frank Buchman  
 Garth Lean  
 Arthur Russell  
 Burnett Streeter  
 The Oxford Group  
 Horace Bushnell  
 Henry Drummond  
 Henry Drummond  
 Henry Drummond  
 William James  
 F.B. Meyer  
 Sam Shoemaker  
 James Allen  
 Brother Lawrence  
 Emmet Fox  
 Emmet Fox  
 Emmet Fox  
 Carl Jung  
 Norman Vincent Peale  
 Alexis Carrel  
 The Oxford Group

### RELEVANCE

Early AA History as told by Anne S.  
 Early AA Prayer & Meditation  
 Sam Shoemaker influence on AA  
 Clarence & Grace influence on AA  
 Early AA Beginnings in Akron  
 AA History and Influences  
 AA History and Spiritual Roots  
 Early AA History  
 Early AA History and Oxford Groups  
 Early AA History and Origins  
 Washingtonians influence on AA  
 AA History and Commentary  
 Sister Ignacia influence on AA  
 Correspondence Father Ed D. & Bill W.  
 History and Commentary on AA  
 History and Commentary on AA  
 History and Commentary on AA  
 AA History as told by Dr. Bob's Children  
 Commentary on AA by Early Member  
 Commentary on AA by Early Member  
 Classic Daily Devotional  
 History of AA as Told by Lois W.  
 History of Early AA as told by Bill W.  
 Story of Dr. Bob and AA History  
 Story of Bill W and AA History  
 Grapevine Articles and other AA History  
 The Spiritual Roots of the 12 Steps  
 Commentary and Application of AA  
 History of Clarence S and Cleveland AA  
 Disease Model on Alcoholism  
 Commentary on 12 Steps and AA Program  
 History as told by Nell W. (Bills Secretary)  
 Daily Devotional (Read by Bill & Early AA's)  
 Commentary on Prayer & Meditation  
 Spiritual Roots/Influence on AA  
 Spiritual Roots/Influence on AA  
 Spiritual Roots/Influence on AA  
 Spiritual Roots- Founder of Oxford Groups  
 Spiritual Roots/Influence on AA  
 Oxford Group Reading/Influence on AA  
 Oxford Group Reading/Influence on AA  
 Oxford Group Reading/Influence on AA  
 Oxford Group Reading/Influence on AA  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Given to Bill by Ebby in Towns Hospital  
 Oxford Group Reading/Influence on AA  
 Commentary on Steps by Sam Shoemaker  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Read by early AAs including Co-founders  
 Oxford Group Reading/Influence on AA  
 Oxford Group Reading/Influence on AA  
 Oxford Group Reading/Influence on AA

A Way of Life  
I Was a Pagan  
The Bible  
Drinking's not the Problem  
To Be Continued...Alcoholics Anonymous World Biography  
There's More to Quitting Drinking than Quitting Drinking  
Mere Christianity  
Sobriety and Beyond and Sobriety Without End  
The Principles of Jesus

The Will of God and a Man's Life Work

A Sober Faith (Religion and Alcoholics Anonymous)  
An Alcoholic to His Son's  
Bill W.  
Writing the Big Book-The Creation of AA

William Osler  
Victor Kitchen  
Various Authors  
Charles Clapp Jr.  
Bill Pittman & Charlie Bishop  
Dr. Paul O.  
CS Lewis  
Fr John Doe  
Robert E, Speer

Henry B. Wright

G. Aiken Taylor  
Henry Beetle Hough  
Robert Thomsen  
William H. Schaberg

Oxford Group Reading/Influence on AA  
Oxford Group Reading/Influence on AA  
Read by early AAs including Co-founders  
Commentary and Application of AA  
Commentary and Application of AA  
Read by early AAs including Co-founders  
Commentary-First Priest in AA  
Led to the formation of the Oxford Group  
And ultimately AA  
Coined the 4 absolutes. Wright was the  
major influence in Frank Buchman's life  
Commentary on AA & Religion  
Commentary on AA and Family  
Biography of Bill W's life  
History of AA and writing of the Big Book