

# List of twelve-step groups

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This is a list of twelve-step groups based on the set of guiding principles for recovery from addictive, compulsive, or other behavioral problems that was originally developed by Alcoholics Anonymous.<sup>[1]</sup> The twelve-step method has been adapted widely by fellowships of people recovering from various addictions, compulsive behaviors, and mental health problems. Additionally, some programs have adapted the twelve-step approach in part.

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## Programs patterned after Alcoholics Anonymous

Fellowships in this section follow reasonably close variations of the Twelve Steps and Twelve Traditions of Alcoholics Anonymous.

- Al-Anon/Alateen, for friends and family members of alcoholics
- AA - Alcoholics Anonymous
- ACA - Adult Children of Alcoholics
- CA - Cocaine Anonymous
- CLA - Clutterers Anonymous
- CMA - Crystal Meth Anonymous
- CoDA - Co-Dependents Anonymous, for people working to end patterns of dysfunctional relationships and develop functional and healthy relationships
- Co-Anon, for friends and family of addicts
- COSA - Codependents of Sex Addicts
- COSLAA - CoSex and Love Addicts Anonymous
- DA - Debtors Anonymous
- EA - Emotions Anonymous, for recovery from mental and emotional illness
- EHA - Emotional Health Anonymous, for recovery from mental and emotional illness
- FA - Families Anonymous, for relatives and friends of addicts
- GA - Gamblers Anonymous
- Gam-Anon/Gam-A-Teen, for friends and family members of problem gamblers
- MA - Marijuana Anonymous
- NA - Narcotics Anonymous
- NAIL - Neurotics Anonymous, for recovery from mental and emotional illness
- Nar-Anon, for friends and family members of addicts
- NicA - Nicotine Anonymous
- PA - Pills Anonymous, for recovery from prescription pill addiction.
- RA - Reentry Anonymous, for recovery of criminal addiction and ex-offender reentry support
- OA - Overeaters Anonymous
- OLGA - Online Gamers Anonymous
- SA - Smokers Anonymous
- SA - Sexaholics Anonymous
- SAA - Sex Addicts Anonymous
- SCA - Sexual Compulsives Anonymous
- SLAA - Sex and Love Addicts Anonymous